

Topic Of Nhochhoc

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1 Problems

1. For positive reals a, b, c prove that:

$$(a + b + c)^3 \geq 6\sqrt{3}(a - b)(b - c)(c - a)$$

2. For $a, b, c \geq 0$ and $k \in \mathbf{R}$ find the best constant that satisfies

$$(a + b + c)^5 \geq k(a^2 + b^2 + c^2)(a - b)(b - c)(c - a)$$

3. For nonnegative reals a, b, c , find the best k satisfying

$$(a + b + c)^5 \geq k(ab + bc + ac)(a - b)(b - c)(c - a)$$

4. For nonnegative a, b, c , find the best k such that

$$(a^2 + b^2 + c^2)^3 \geq k(a - b)^2(b - c)^2(c - a)^2$$

5. For nonnegative reals a, b, c prove that

$$\frac{ab}{(a + b)^2} + \frac{bc}{(b + c)^2} + \frac{ca}{(c + a)^2} \leq \frac{1}{4} + \frac{4abc}{(a + b)(b + c)(c + a)}$$

6. For $a, b, c > 0$ satisfying $a^2 + b^2 + c^2 = 6$ Find P_{min} where

$$P = \frac{a}{bc} + \frac{2b}{ca} + \frac{5c}{ab}$$

7. For nonnegative reals a, b, c Prove that:

$$\frac{(a + b)^2(a + c)^2}{(b^2 - c^2)^2} + \frac{(b + c)^2(a + b)^2}{(c^2 - a^2)^2} + \frac{(b + c)^2(c + a)^2}{(a^2 - b^2)^2} \geq 2$$

8. For positive reals a, b, c prove that

$$\frac{a}{b + c} + \frac{b}{c + a} + \frac{c}{a + b} + \frac{16}{5} \cdot \frac{ab + bc + ca}{a^2 + b^2 + c^2} \geq \frac{18}{5}$$

9. For positive a, b, c ; show that :

$$\frac{(a^2 + bc)(b^2 + ca)(c^2 + ab)}{(a^2 + b^2)(b^2 + c^2)(c^2 + a^2)} + \frac{(a - b)(a - c)}{b^2 + c^2} + \frac{(b - c)(b - a)}{c^2 + a^2} + \frac{(c - a)(c - b)}{a^2 + b^2} \geq 1$$

10. For positive reals a, b, c prove that :

$$1 + \frac{ab + bc + ca}{a^2 + b^2 + c^2} \geq \frac{16abc}{(a + b)(b + c)(c + a)}$$

11. For nonnegative a, b, c prove that :

$$(a^2 + b^2 + c^2 - 1)^2 \geq 2(a^3b + b^3c + c^3a - 1)$$

12. Let $a, b, c \geq 0$ satisfy $a + b + c = 2$. Prove that we have;

- $(\sqrt{a^3} + \sqrt{b^3})(\sqrt{b^3} + \sqrt{c^3})(\sqrt{c^3} + \sqrt{a^3}) \leq 2$;
- $(a^2 + b^2)(b^2 + c^2)(c^2 + a^2) \leq 2$;
- $(\sqrt{a^5} + \sqrt{b^5})(\sqrt{b^5} + \sqrt{c^5})(\sqrt{c^5} + \sqrt{a^5}) \leq 2$;
- $(a^3 + b^3)(b^3 + c^3)(c^3 + a^3) \leq 2$;
- $(a^2 + b^2)(b^2 + c^2)(c^2 + a^2) \leq (a + b)(b + c)(c + a)$.

13. $a, b, c \geq 0$. Prove that

$$(a^2 + 5bc)(b^2 + 5ca)(c^2 + 5ab) \geq 27abc(a + b)(b + c)(c + a)$$

14. Let $a, b, c \geq 0$. Prove that:

$$(2a^2 + 7bc)(2b^2 + 7ca)(2c^2 + 7ab) \geq 27(ab + bc + ca)^3$$

15. $a, b, c \geq 0$ are the sides of a triangle. Prove that

$$a^3 + b^3 + c^3 + 9abc \leq 2[ab(a + b) + bc(b + c) + ca(c + a)]$$

16. Let $a, b, c > 0$. Show that:

$$\frac{a^2}{2a^2 + (b + c - a)^2} + \frac{b^2}{2b^2 + (c + a - b)^2} + \frac{c^2}{2c^2 + (a + b - c)^2} \leq 1$$

17. Let $a, b, c \geq 0$ Show that:

$$\frac{3a^2 + 5ab}{(b + c)^2} + \frac{3b^2 + 5bc}{(c + a)^2} + \frac{3c^2 + 5ca}{(a + b)^2} \geq 6$$

18. Let $a, b, c > 0$ satisfy $a + b + c = 3$. Prove that:

$$(a^3 + b^3 + c^3)(ab + bc + ca)^8 \leq 3^9$$

19. $a, b, c \geq 0$ Show that

$$\frac{a^2}{(b + c)^2} + \frac{b^2}{(c + a)^2} + \frac{c^2}{(a + b)^2} + \frac{10abc}{(a + b)(b + c)(c + a)} \geq 2$$

20. For $a, b, c \geq 0$ such that $a + b + c = 3$, prove the following inequality:

$$(ab^3 + bc^3 + ca^3)(ab + bc + ca) \leq 16$$

21. $a, b, c > 0$ satisfy $abc = 1$. Prove that

$$\frac{a}{\sqrt{b^2 + 2c}} + \frac{b}{\sqrt{c^2 + 2a}} + \frac{c}{\sqrt{a^2 + 2b}} \geq \sqrt{3}$$

22. For nonnegative a, b, c satisfying $ab + bc + ca = 3$, prove that

$$3(a + b + c) + 2(\sqrt{a} + \sqrt{b} + \sqrt{c}) \geq 15$$

23. For nonnegative reals a, b, c prove that:

$$\frac{a^2}{(b+c)^2} + \frac{b^2}{(c+a)^2} + \frac{c^2}{(a+b)^2} + \frac{1}{2} \geq \frac{5}{4} \cdot \frac{a^2 + b^2 + c^2}{ab + bc + ca}$$

24. For nonnegative a, b, c ; show that

$$3(a^4 + b^4 + c^4) + 7(a^2b^2 + b^2c^2 + c^2a^2) \geq 2(a^3b + b^3c + c^3a) + 8(ab^3 + bc^3 + ca^3)$$

25. For $a, b, c \geq 0$, show that:

$$\frac{a^4}{(a+b)^4} + \frac{b^4}{(b+c)^4} + \frac{c^4}{(c+a)^4} + \frac{3abc}{2(a+b)(b+c)(c+a)} \geq \frac{3}{8}$$

26. Let $a, b, c \geq 0$ satisfy $a + b + c = 3$ Prove that:

$$\sqrt[3]{\frac{a^3 + 4}{a^2 + 4}} + \sqrt[3]{\frac{b^3 + 4}{b^2 + 4}} + \sqrt[3]{\frac{c^3 + 4}{c^2 + 4}} \geq 3$$

27. For positive reals a, b, c show that:

$$5 + \frac{3abc}{a^3 + b^3 + c^3} \geq 4 \left(\frac{ab}{a^2 + b^2} + \frac{bc}{b^2 + c^2} + \frac{ca}{c^2 + a^2} \right)$$

28. For nonnegative reals a, b, c prove that:

$$\frac{(a-b)^2}{(a+b)^2} + \frac{(b-c)^2}{(b+c)^2} + \frac{(c-a)^2}{(c+a)^2} + \frac{24(ab + bc + ca)}{(a+b+c)^2} \leq 8$$

29. Let $a, b, c \geq 0$; show that :

$$1 + \frac{abc}{a^3 + b^3 + c^3} \geq \frac{32abc}{3(a+b)(b+c)(c+a)}$$

30. For nonnegative reals a, b, c show that:

$$\sqrt[3]{\frac{(a^2 + bc)(b + c)}{a(b^2 + c^2)}} + \sqrt[3]{\frac{(b^2 + ca)(c + a)}{b(c^2 + a^2)}} + \sqrt[3]{\frac{(c^2 + ab)(a + b)}{c(a^2 + b^2)}} \geq 3\sqrt[3]{2}$$

31. For nonnegative a, b, c show that

$$\frac{a}{\sqrt{b^2 + bc + c^2}} + \frac{b}{\sqrt{c^2 + ca + a^2}} + \frac{c}{\sqrt{a^2 + ab + b^2}} \geq \frac{a + b + c}{\sqrt{ab + bc + ca}}$$

32. For nonnegative a, b, c show that

$$\sqrt[3]{\frac{a^5(b + c)}{(b^2 + c^2)(a^2 + bc)^2}} + \sqrt[3]{\frac{b^5(c + a)}{(c^2 + a^2)(b^2 + ca)^2}} + \sqrt[3]{\frac{c^5(a + b)}{(a^2 + b^2)(c^2 + ab)^2}} \geq \frac{3}{\sqrt[3]{4}}$$

33. If A, B, C are three angles of an acute triangle, find P_{min} where:

$$P = \frac{1}{\sin^n A} + \frac{1}{\sin^n B} + \frac{1}{\sin^n C} + \cos^m A \cos^m B \cos^m C$$

34. For nonnegative a, b, c show that

$$(a^2 + 5b^2)(b^2 + 5c^2)(c^2 + 5a^2) \geq 8abc(a + b + c)^3$$

35. For nonnegative reals a, b, c prove that:

$$1 + \frac{8abc}{(a + b)(b + c)(c + a)} \geq \frac{2(ab + bc + ca)}{a^2 + b^2 + c^2}$$

36. For nonnegative reals a, b, c prove that:

$$3 + \frac{8abc}{(a + b)(b + c)(c + a)} \geq \frac{12(ab + bc + ca)}{(a + b + c)^2}$$

37. For nonnegative reals a, b, c prove that:

$$\sqrt{(a + b + c)(ab + bc + ca)} \geq \sqrt{abc} + \sqrt{\frac{(a + b)(b + c)(c + a)}{2}}$$

38. $a, b, c \geq 0$ Show that

$$\frac{a^2 + b^2 + c^2}{ab + bc + ca} + \frac{1}{2} \geq \frac{a}{b + c} + \frac{b}{c + a} + \frac{c}{a + b}$$

39. $a, b, c \geq 0$ Show that if $a + b + c = 5$; we have:

$$10 + ab^2 + bc^2 + ca^2 \geq \frac{7}{8} \cdot (a^2b + b^2c + c^2a)$$

40. $a, b, c \geq 0$ Show that

$$\frac{a^2}{(a-b)^2} + \frac{b^2}{(b-c)^2} + \frac{c^2}{(c-a)^2} \geq 1$$

41. $a, b, c \geq 0$ Show that if they satisfy $a + b + c = 3$ we always have:

$$\frac{ab}{c} + \frac{bc}{a} + \frac{ca}{b} + abc \geq 4$$

42. $a, b, c \geq 0$ Show that

$$\frac{5a^2 + 2bc}{(b+c)^2} + \frac{5b^2 + 2ca}{(c+a)^2} + \frac{5c^2 + 2ab}{(a+b)^2} \geq \frac{21}{4} \cdot \frac{a^2 + b^2 + c^2}{ab + bc + ca}$$

43. $a, b, c \geq 0$ Show that

$$\frac{3a^2 + 4bc}{(b+c)^2} + \frac{3b^2 + 4ca}{(c+a)^2} + \frac{3c^2 + 4ab}{(a+b)^2} \geq \frac{7}{4} \cdot \frac{(a+b+c)^2}{ab + bc + ca}$$

44. $a, b, c \geq 0$; $a + b + c = 2\sqrt[3]{12}$. Show that:

$$\sqrt[7]{1+a^3} (1+b^3) (1+c^3) \leq 169$$

45. For $a, b, c > 0$ satisfying $a + b + c = 3$; show that:

$$\frac{ab}{c} + \frac{bc}{a} + \frac{ca}{b} + \frac{9abc}{4} \geq \frac{21}{4}$$

46. For $a, b, c > 0$ satisfying $a + b + c = 3$, prove that if $k = \frac{10 + 4\sqrt{6}}{3}$ we have:

$$\sqrt{3(a^2 + b^2 + c^2)} + abc \geq 1 + \sqrt{3k}$$

47. For $a, b, c > 0$ satisfying $a + b + c = 3$, show that

$$a\sqrt{a+b} + b\sqrt{b+c} + c\sqrt{c+a} \geq 3\sqrt{2}$$

48. For $a, b, c > 0$ satisfying $a + b + c = 6$, Show that

$$(11 + a^2) (11 + b^2) (11 + c^2) + 120abc \geq 4320$$

49. For $a, b, c > 0$ satisfying $ab + bc + ca = 2$, show that

$$ab(4a^2 + b^2) + bc(4b^2 + c^2) + ca(4c^2 + a^2) + 7abc(a + b + c) \geq 16$$

50. For $a, b, c > 0$, show that :

$$a\sqrt{a^2 + 3bc} + b\sqrt{b^2 + 3ca} + c\sqrt{c^2 + 3ab} \geq 2(ab + bc + ca)$$

51. For $a, b, c > 0$, prove that

$$a\sqrt{4a^2 + 5bc} + b\sqrt{4b^2 + 5ca} + c\sqrt{4c^2 + 5ab} \geq (a + b + c)^2$$

52. For positive real numbers a, b, c show that

$$\frac{a}{\sqrt{4a^2 + 5bc}} + \frac{b}{\sqrt{4b^2 + 5ca}} + \frac{c}{\sqrt{4c^2 + 5ab}} \leq 1$$

53. For positive real numbers a, b, c show that

$$\frac{a}{a + \sqrt{a^2 + 3bc}} + \frac{b}{b + \sqrt{b^2 + 3ca}} + \frac{c}{c + \sqrt{c^2 + 3ab}} \leq 1$$

54. For positive real numbers a, b, c such that $ab + bc + ca = 1$; show that

$$\frac{1}{\sqrt{a^2 + b^2}} + \frac{1}{\sqrt{b^2 + c^2}} + \frac{1}{\sqrt{c^2 + a^2}} \geq 2 + \frac{1}{\sqrt{2}}$$

55. For positive real numbers a, b, c satisfying $a + b + c = 2$; show that

$$\frac{1}{\sqrt{a^2 + b^2}} + \frac{1}{\sqrt{b^2 + c^2}} + \frac{1}{\sqrt{c^2 + a^2}} \geq 2 + \frac{1}{\sqrt{2}}$$

56. For positive real numbers a, b, c such that $ab + bc + ca = 3$, show that

$$\frac{a}{b^3 + abc} + \frac{b}{c^3 + abc} + \frac{c}{a^3 + abc} \geq \frac{3}{2}$$

57. For positive real numbers a, b, c , show that

$$\begin{aligned} & \bullet \frac{a^2}{b^3 + abc} + \frac{b^2}{c^3 + abc} + \frac{c^2}{a^3 + abc} \geq \frac{3}{2(a + b + c)} \\ & \bullet \sqrt{\frac{a^3}{b^3 + abc}} + \sqrt{\frac{b^3}{c^3 + abc}} + \sqrt{\frac{c^3}{a^3 + abc}} \geq \frac{3}{\sqrt{2}} \end{aligned}$$

58. For positive real numbers a, b, c that satisfy $a + b + c = 3$, show that

$$(1 + a^2)(1 + b^2)(1 + c^2) \geq (1 + a)(1 + b)(1 + c)$$

59. For positive real numbers a, b, c , show that

$$\frac{a^3 + b^3 + c^3}{abc} + \frac{24abc}{(a + b)(b + c)(c + a)} \geq 4 \cdot \left(\frac{a}{b + c} + \frac{b}{c + a} + \frac{c}{a + b} \right)$$

60. For positive real numbers a, b, c , show that

$$a + b + c \geq \frac{a(b+c)}{\sqrt{a^2+3bc}} + \frac{b(c+a)}{\sqrt{b^2+3ca}} + \frac{c(a+b)}{\sqrt{c^2+3ab}}$$

61. For positive real numbers a, b, c , show that

$$a^k + b^k + c^k \geq \frac{a(b^k+c^k)}{\sqrt{a^2+3bc}} + \frac{b(c^k+a^k)}{\sqrt{b^2+3ca}} + \frac{c(a^k+b^k)}{\sqrt{c^2+3ab}}$$

62. For positive real numbers a, b, c , show that

$$\sqrt{a^2+4bc} + \sqrt{b^2+4ca} + \sqrt{c^2+4ab} \geq \sqrt{15(ab+bc+ca)}$$

63. For positive real numbers a, b, c , show that

$$\sqrt{\frac{a^3}{b^3+abc}} + \sqrt{\frac{b^3}{c^3+abc}} + \sqrt{\frac{c^3}{a^3+abc}} \geq \frac{3}{\sqrt{2}}$$

64. For positive real numbers a, b, c , show that

$$(a+b)^2(b+c)^2(c+a)^2 \geq \frac{64}{3}abc(a^2b+b^2c+c^2a)$$

65. For positive real numbers a, b, c , show that

$$\frac{3a^3+abc}{b^3+c^3} + \frac{3b^3+abc}{c^3+a^3} + \frac{3c^3+abc}{a^3+b^3} \geq 6$$

66. For positive real numbers a, b, c , show that

$$(a^2+b^2+c^2)(a+b+c) \geq 3\sqrt{3abc(a^3+b^3+c^3)}$$

67. For positive real numbers a, b, c , show that

$$\frac{1}{8a^2+bc} + \frac{1}{8b^2+ca} + \frac{1}{8c^2+ab} \geq \frac{1}{ab+bc+ca}$$

68. For positive reals a, b, c , show that

$$\frac{3(a^2+b^2+c^2)}{a+b+c} \geq \sqrt{a^2-ab+b^2} + \sqrt{b^2-bc+c^2} + \sqrt{c^2-ca+a^2} \geq \sqrt{3(a^2+b^2+c^2)}$$

69. For positive real numbers a, b, c , show that

$$\sqrt{a^2-ab+b^2} + \sqrt{b^2-bc+c^2} + \sqrt{c^2-ca+a^2} \leq 3$$

70. For positive real numbers a, b, c satisfying $a + b + c = 3$, show that

$$\sqrt{a^2b + b^2c} + \sqrt{b^2c + c^2a} + \sqrt{c^2a + a^2b} \leq 3\sqrt{2}$$

71. For positive reals a, b, c , show that

$$\frac{3(a+b+c)}{2(ab+bc+ca)} \geq \frac{a}{a^2+b^2} + \frac{b}{b^2+c^2} + \frac{c}{c^2+a^2}$$

72. For positive reals a, b, c , show that

$$\frac{ab}{\sqrt{ab+2c^2}} + \frac{bc}{\sqrt{bc+2a^2}} + \frac{ca}{\sqrt{ca+2b^2}} \geq \sqrt{ab+bc+ca}$$

73. For positive reals a, b, c satisfying $a + b + c = 3$, show that

$$\frac{a}{b^3+abc} + \frac{b}{c^3+abc} + \frac{c}{a^3+abc} \geq \frac{3}{2}$$

74. For positive reals a, b, c show that

$$\frac{1}{a^2+bc} + \frac{1}{b^2+ca} + \frac{1}{c^2+ab} \leq \frac{3\sqrt{3}}{2\sqrt{abc}(a+b+c)}$$

75. Given that

$$\frac{1}{a} + \frac{1}{b} + \frac{1}{c} \geq \frac{9(a^3+b^3+c^3)}{(a^2+b^2+c^2)^2},$$

Prove that

$$(a^2+b^2+c^2)^2(ab+bc+ca) \geq 9abc(a^3+b^3+c^3)$$

76. For $a, b, c > 0$, show that

$$\frac{a^3+b^3+c^3}{abc} + \frac{24abc}{(a+b)(b+c)(c+a)} \geq 4 \left(\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} \right)$$

77. For $a, b, c > 0$, show that

$$\frac{(a+b+c)^2}{ab+bc+ca} \geq \frac{a(b+c)}{a^2+bc} + \frac{b(c+a)}{b^2+ca} + \frac{c(a+b)}{c^2+ab} \geq \frac{(a+b+c)^2}{a^2+b^2+c^2}$$

78. For $a, b, c > 0$, show that

$$\frac{(a+b+c)^2}{2(ab+bc+ca)} \geq \frac{a^2}{a^2+bc} + \frac{b^2}{b^2+ca} + \frac{c^2}{c^2+ab}$$

79. For $a, b, c > 0$, show that

$$3(a^2b + b^2c + c^2a)(ab^2 + bc^2 + ca^2) \geq abc(a + b + c)^3$$

80. For $a, b, c > 0$, show that

$$\frac{a^2}{b^2} + \frac{b^2}{c^2} + \frac{c^2}{a^2} \geq \frac{(a + b + c)^3}{3(ab^2 + bc^2 + ca^2)}$$

81. For $a, b, c > 0$ satisfying $a + b + c = 3$, show that

- $\frac{a}{\sqrt{b + c^2}} + \frac{b}{\sqrt{c + a^2}} + \frac{c}{\sqrt{a + b^2}} \geq \frac{3}{\sqrt{2}}$
- $\frac{a}{b + c^2} + \frac{b}{c + a^2} + \frac{c}{a + b^2} \geq \frac{9}{3 + a + b + c}$

82. For $a, b, c > 0$, show that

$$\frac{1}{a\sqrt{a + b}} + \frac{1}{b\sqrt{b + c}} + \frac{1}{c\sqrt{c + a}} \geq \frac{3}{\sqrt{2abc}}$$

83. For $a, b, c > 0$, show that

$$\frac{ab}{(ab + 2c^2)^5} + \frac{bc}{(bc + 2a^2)^5} + \frac{ca}{(ca + 2b^2)^5} \geq \frac{1}{(ab + bc + ca)^4}$$

84. For positives a, b, c , prove that

- $\sqrt{\frac{a}{b + 3c}} + \sqrt{\frac{b}{c + 3a}} + \sqrt{\frac{c}{a + 3b}} \geq \frac{3}{2}$
- $\sqrt{\frac{a}{b + 2c}} + \sqrt{\frac{b}{c + 2a}} + \sqrt{\frac{c}{a + 2b}} \geq \sqrt[4]{8}$

85. For positives a, b, c , prove that

- $\frac{a}{\sqrt{ab + 8c^2}} + \frac{b}{\sqrt{bc + 8a^2}} + \frac{c}{\sqrt{ca + 8b^2}} \geq 1$
- $\frac{a}{\sqrt{ab + c^2}} + \frac{b}{\sqrt{bc + a^2}} + \frac{c}{\sqrt{ca + b^2}} \geq \frac{3}{\sqrt[3]{4}}$

86. Let $a, b, c \geq 1$, show that

$$\left(a + \frac{bc}{a^2}\right) \left(b + \frac{ca}{b^2}\right) \left(c + \frac{ab}{c^2}\right) \geq 27 \cdot \sqrt[3]{(a - 1)(b - 1)(c - 1)}$$

87. For positives a, b, c , prove that

$$\frac{a^{11}}{bc} + \frac{b^{11}}{ca} + \frac{c^{11}}{ab} + \frac{3}{a^2b^2c^2} \geq \frac{a^6 + b^6 + c^6 + 9}{2}$$

88. $x, y, z \in [0, \frac{1}{2}]$, show that:

$$\frac{x}{1+y^2} + \frac{y}{1+z^2} + \frac{z}{1+x^2} \leq \frac{6}{5}$$

89. For positives a, b, c , prove that

$$a^3 + b^3 + c^3 + 3abc + 12 \geq 6(a + b + c)$$

90. For positives a, b, c satisfying $a + b + c = 2$, prove that

$$(1 - ab)(1 - bc)(1 - ca) \geq (1 - a^2)(1 - b^2)(1 - c^2)$$

91. For positives a, b, c , prove that

$$\left(1 + \frac{4a}{a+b}\right) \left(1 + \frac{4b}{b+c}\right) \left(1 + \frac{4c}{c+a}\right) \leq 27$$

92. For positives a, b, c , prove that

$$(a^2 + b^2 + c^2)(ab + bc + ca)^2 \geq \frac{27}{64}(a+b)^2(b+c)^2(c+a)^2$$

93. If A, B, C are the three angles of a triangle satisfying $5 \cos A + 6 \cos B + 7 \cos C = 9$, show that we have:

$$\left(\sin \frac{A}{2}\right)^2 + \left(\sin \frac{B}{2}\right)^3 + \left(\sin \frac{C}{2}\right)^4 \geq \frac{7}{16}$$

94. Let $a, b, c \geq 0$; $ab + bc + ca + abc = 4$. Show that

$$\sqrt{a+3} + \sqrt{b+3} + \sqrt{c+3} \geq 6$$

95. For positives a, b, c , prove that

$$\frac{\sqrt{a^2 + 256bc}}{b+c} + \frac{\sqrt{b^2 + 256ca}}{c+a} + \frac{\sqrt{c^2 + 256ab}}{a+b} \geq 10$$

96. For positive real numbers a, b, c , prove that

$$\frac{a^5}{a+b} + \frac{b^5}{b+c} + \frac{c^5}{c+a} \geq \frac{a^3b^2}{a+b} + \frac{b^3c^2}{b+c} + \frac{c^3a^2}{c+a}$$

97. For positive real numbers a, b, c satisfying $ab + bc + ca = 1$, show that

$$a^3 + b^3 + c^3 + 3abc \geq 2abc(a + b + c)^2$$

98. For positive real numbers a, b, c satisfying $abc = 1$, show that

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 2 \left(\frac{\sqrt{a}}{b+c} + \frac{\sqrt{b}}{c+a} + \frac{\sqrt{c}}{a+b} \right)$$

99. For positive real numbers a, b, c satisfying $ab + bc + ca = 1$, find the minimum value of:

$$\frac{ab\sqrt{ab}}{c} + \frac{bc\sqrt{bc}}{a} + \frac{ca\sqrt{ca}}{b}$$

100. For positive real numbers a, b, c satisfying $abc = 1$, prove that:

- $\frac{a}{a^2+3} + \frac{b}{b^2+3} + \frac{c}{c^2+3} \leq \frac{3}{4}$
- $\frac{a}{a^3+1} + \frac{b}{b^3+1} + \frac{c}{c^3+1} \leq \frac{3}{2}$
- $\frac{a}{2a^3+1} + \frac{b}{2b^3+1} + \frac{c}{2c^3+1} \leq 1$

Also, with the same conditions, prove or disprove that:

- $\frac{a}{(a+3)^2} + \frac{b}{(b+3)^2} + \frac{c}{(c+3)^2} \leq \frac{3}{16}$
- $\left(\frac{2a}{a^3+1} \right)^5 + \left(\frac{2b}{b^3+1} \right)^5 + \left(\frac{2c}{c^3+1} \right)^5 \leq 3$

101. For $a, b, c > 0$, prove the following inequality:

$$\frac{1}{a+b} + \frac{1}{b+c} + \frac{1}{c+a} + \frac{3}{abc} \geq \frac{12}{ab+bc+ca}$$

102. For $a, b, c \in [1, 2]$, prove that:

$$2 \left(\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \right) \geq \frac{a}{c} + \frac{c}{b} + \frac{b}{a} + 3$$

103. For $a, b, c \geq 0$, prove the following inequality:

$$\frac{a^2}{b^3+2abc} + \frac{b^2}{c^3+2abc} + \frac{c^2}{a^3+2abc} \geq \frac{3\sqrt{3(a^2+b^2+c^2)}}{(a+b+c)^2}$$

104. For $a, b, c > 0$ satisfying $ab + bc + ca = 2$, prove that

$$\sqrt{a^2+b^2+c^2} + 2 \geq a\sqrt{b^2+c^2} + b\sqrt{c^2+a^2} + c\sqrt{a^2+b^2}$$

105. For $a, b, c > 0$, prove that

$$\frac{a^2+b^2}{(a+b)^2} + \frac{b^2+c^2}{(b+c)^2} + \frac{c^2+a^2}{(c+a)^2} + \frac{a+b+c}{\sqrt{3(a^2+b^2+c^2)}} \geq \frac{5}{2}$$

106. For $a, b, c > 0$, prove that

$$\sqrt[9]{\frac{a^3}{b+c}} + \sqrt[9]{\frac{b^3}{c+a}} + \sqrt[9]{\frac{c^3}{a+b}} \geq \frac{1}{\sqrt[9]{2}} \left(\sqrt[9]{ab} + \sqrt[9]{bc} + \sqrt[9]{ca} \right)$$

107. For $a, b, c > 0$, $ab + bc + ca = 1$; find P_{min} where

$$P = \frac{1}{\sqrt{a^2 - ab + b^2}} + \frac{1}{\sqrt{b^2 - bc + c^2}} + \frac{1}{\sqrt{c^2 - ca + a^2}}$$

108. For $a, b, c > 0$, $ab + bc + ca \geq 11$; find P_{min} where

$$P = \sqrt{a^2 + 3} + \frac{\sqrt{7}}{5} \sqrt{b^2 + 3} + \frac{\sqrt{3}}{5} \sqrt{c^2 + 3}$$

109. Let a, b, c be positive reals satisfying $ab + bc + ca = 3$, Prove that:

$$\frac{1}{a^2b^3} + \frac{1}{b^2c^3} + \frac{1}{c^2a^3} + \frac{1}{3a^2 - 2ab + b^2} + \frac{1}{3b^2 - 2bc + c^2} + \frac{1}{3c^2 - 2ca + a^2} \geq \frac{9}{2}$$

110. For $a, b, c \geq 0$, prove that we always have:

- $\frac{a^2 + b^2 + c^2}{ab + bc + ca} + 15 \sqrt{\frac{a^3b + b^3c + c^3a}{a^2b^2 + b^2c^2 + c^2a^2}} \geq \frac{47}{4}$;
- $\sqrt{\frac{a^2 + b^2 + c^2}{ab + bc + ca}} + \sqrt{\frac{3(a^3b + b^3c + c^3a)}{a^2b^2 + b^2c^2 + c^2a^2}} \geq 1 + \sqrt{3}$.

111. $a, b, c > 0$; $a + b + c = 3$, Prove that:

$$\frac{1}{\sqrt{2a^2 + 1}} + \frac{1}{\sqrt{2b^2 + 1}} + \frac{1}{\sqrt{2c^2 + 1}} \geq \sqrt{3}$$

112. $a, b, c \geq 0$; $ab + bc + ca = 1$. Show that

$$\sqrt{a^2b + b^2c + c^2a} + \sqrt{ab^2 + bc^2 + ca^2} + 3\sqrt{abc} \geq 2$$

113. $a, b, c > 0$; $ab + bc + ca = 3$. Show that

$$(a + b^2)(b + c^2)(c + a^2) \geq 8$$

114. Prove that for all positive real numbers a, b, c we have:

- $\left(\frac{a}{b+c}\right)^3 + \left(\frac{b}{c+a}\right)^3 + \left(\frac{c}{a+b}\right)^3 + \frac{abc}{(a+b)(b+c)(c+a)} \geq \frac{1}{2} \cdot \left(\frac{a^2 + b^2 + c^2}{ab + bc + ca}\right)^2$
- $\left(\frac{a}{b+c}\right)^3 + \left(\frac{b}{c+a}\right)^3 + \left(\frac{c}{a+b}\right)^3 + \frac{5abc}{(a+b)(b+c)(c+a)} \geq \frac{a^2 + b^2 + c^2}{ab + bc + ca}$

115. $a, b, c \geq 0$; prove that

$$\frac{2(a^2 + b^2 + c^2)}{(ab + bc + ca)^2} \geq \frac{a^2 + b^2}{(a^2 + ab + b^2)^2} + \frac{b^2 + c^2}{(b^2 + bc + c^2)^2} + \frac{c^2 + a^2}{(c^2 + ca + a^2)^2}$$

116. $a, b, c \geq 0$; prove that

$$\frac{a+b}{\sqrt{a^2+ab+b^2}} + \frac{b+c}{\sqrt{b^2+bc+c^2}} + \frac{c+a}{\sqrt{c^2+ca+a^2}} \geq 2\sqrt{3} \cdot \left(\frac{ab+bc+ca}{a^2+b^2+c^2}\right)^{\frac{4}{3}}$$

117. $a, b, c \geq 0$; prove that

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} + \frac{9}{4} \cdot \frac{abc}{a^3 + b^3 + c^3} \geq \frac{15}{4}$$

118. For $x, y, z \geq 0$, prove that we always have :

$$32xyz(x+y+z)(x^2+y^2+z^2+xy+xz+yz) \leq 9(x+y)^2(x+z)^2(y+z)^2$$

119. $a, b, c \geq 0$. Prove that:

$$\frac{11}{3}(a+b+c) \geq 8\sqrt[3]{abc} + 3\sqrt[3]{\frac{a^3+b^3+c^3}{3}}$$

120. $a, b, c > 0$ satisfy $a + b + c = 3$, prove that:

$$\frac{a}{\sqrt{4b+4c^2+1}} + \frac{b}{\sqrt{4c+4a^2+1}} + \frac{c}{\sqrt{4a+4b^2+1}} \geq 1$$

121. $a + b + c = 3; a, b, c > 0$. Show that:

$$\sqrt{a} + \sqrt{b} + \sqrt{c} + \frac{6}{ab+bc+ca} \geq 5$$

122. $ab + bc + ca = 3; a, b, c > 0$. Prove that

$$\sqrt{a^2+a} + \sqrt{b^2+b} + \sqrt{c^2+c} \geq 3\sqrt{2}$$

123. $a, b, c > 0; abc = 1$, show that, for $k = 10, 11$ we have

$$a + b + c \geq 3\sqrt[k]{\frac{a^3 + b^3 + c^3}{3}};$$

124. Let $a, b, c > 0$ satisfy $a + b + c = 3$. Prove that

$$\sqrt[3]{a^2+ab+bc} + \sqrt[3]{b^2+bc+ca} + \sqrt[3]{c^2+ca+ab} \geq \sqrt[3]{3}(ab+bc+ca)$$

125. Given $a, b, c > 0$, Prove that:

$$\frac{1}{(3a+2b+c)^2} + \frac{1}{(3b+2c+a)^2} + \frac{1}{(3c+2a+b)^2} \leq \frac{9}{4(ab+bc+ca)}$$

126. Let $a, b, c > 0$. Prove that:

$$a^2 + b^2 + c^2 + \frac{\sqrt{3}(ab+ac+bc)\sqrt[3]{abc}}{\sqrt{a^2+b^2+c^2}} \geq 2(ab+bc+ca)$$

127. Given $a, b, c > 0$ and $abc = 1$, Prove that

$$81(1+a^2)(1+b^2)(1+c^2) \leq 8(a+b+c)^4$$

128. Given $a, b, c \geq 0$ and $a+b+c=2$, Prove that:

$$\frac{\sqrt[4]{a^2+6ab+b^2}}{a+b} + \frac{\sqrt[4]{b^2+6bc+c^2}}{b+c} + \frac{\sqrt[4]{c^2+6ca+a^2}}{c+a} \geq 2 + \frac{1}{\sqrt[4]{2}}$$

129. Given $a, b, c > 0$, Prove that

$$\begin{aligned} & \frac{1}{a} + \frac{1}{b} + \frac{1}{c} + \frac{3}{2a+b} + \frac{3}{2b+c} + \frac{3}{2c+a} \\ & \geq 2\sqrt{3} \left(\frac{1}{\sqrt{a(a+2b)}} + \frac{1}{\sqrt{b(b+2c)}} + \frac{1}{\sqrt{c(c+2a)}} \right) \end{aligned}$$

130. For $a, b, c > 0$, we have:

$$\frac{(a+b)^2}{a+b+2c} + \frac{(b+c)^2}{b+c+2a} + \frac{(c+a)^2}{c+a+2b} \geq \sqrt{3(a^2+b^2+c^2)}$$

131. For $a, b, c > 0$; $ab+bc+ca=3$, prove that:

$$\frac{a^2+bc+4ab}{a+8b} + \frac{b^2+ca+4bc}{b+8c} + \frac{c^2+ab+4ca}{c+8a} \geq 2$$

132. Given a, b, c are three real numbers satisfying $a+b+c=3$, Prove that:

$$\frac{a^2+b^2c^2}{(b-c)^2} + \frac{b^2+c^2a^2}{(c-a)^2} + \frac{c^2+a^2b^2}{(a-b)^2} \geq 5$$

133. Given $a, b, c > 0$, prove that:

$$\sqrt[4]{\frac{a^3+b^3+c^3}{abc}} \geq 2\sqrt[4]{3} \left(\frac{a}{a+2b+3c} + \frac{b}{b+2c+3a} + \frac{c}{c+2a+3b} \right)$$

134. Given $a, b, c \geq 0$, show that:

$$\frac{1}{(a+b)^2} + \frac{1}{(b+c)^2} + \frac{1}{(c+a)^2} + \frac{8(ab+bc+ca)}{(a+b+c)^4} \geq \frac{11}{4(ab+bc+ca)}$$

135. Given $a, b, c \geq 0$, prove that:

$$\frac{ab}{c} + \frac{bc}{a} + \frac{ca}{b} \geq 3 \cdot \sqrt[3]{\frac{2(a^3+b^3+c^3)+abc}{7}}$$

136. Let $a, b, c > 0$. Prove that the following holds good for $k = \frac{8}{3}$. Also, find the best constant k such that

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} + k \cdot \frac{ab+bc+ca}{a^2+b^2+c^2} \geq k+3.$$

137. Let $a, b, c > 0$. Prove that

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \geq \frac{6(a^2+b^2+c^2) - 3(ab+bc+ca)}{a+b+c}$$

138. Given $a, b, c > 0$, show that:

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \geq 3 \cdot \sqrt{\frac{a^4+b^4+c^4}{a^2+b^2+c^2}}$$

139. $a, b, c \geq 0$; prove that

$$\frac{a}{\sqrt{b^2+ab+9c^2}} + \frac{b}{\sqrt{c^2+bc+9a^2}} + \frac{c}{\sqrt{a^2+ca+9b^2}} \geq \frac{3}{\sqrt{11}}$$

179. For $a, b, c > 0$ such that $a+b+c=3$, prove the following inequality:

- $\frac{(1+a)^2(1+b)^2}{1+c^2} + \frac{(1+b)^2(1+c)^2}{1+a^2} + \frac{(1+c)^2(1+a)^2}{1+b^2} \geq 24$
- $\frac{(b+c)^5+32}{a^3+1} + \frac{(c+a)^5+32}{b^3+1} + \frac{(a+b)^5+32}{c^3+1} \geq 96$

140. For $a, b, c > 0$, prove the following inequality:

$$\frac{(a+b)(b+c)(c+a)}{8abc} \geq \frac{(a^2+b^2)(b^2+c^2)(c^2+a^2)}{(a^2+bc)(b^2+ca)(c^2+ab)}$$

141. For $a, b, c > 0$ such that $ab+bc+ca=3$, prove the following inequality:

$$(a+2b)(b+2c)(c+2a) \geq 8$$

142. For $a, b, c > 0$, prove the following inequality:

$$21 + \frac{a^3 + b^3 + c^3}{abc} \geq \frac{8(a+b+c)}{\sqrt[3]{abc}}$$

143. For $a, b, c > 0$, prove the following inequality:

$$33 + \frac{(a+b+c)(a^2+b^2+c^2)}{abc} \geq \frac{14(a+b+c)}{\sqrt[3]{abc}}$$

144. For $a, b, c > 0$ and $k \geq 3$, prove the following inequality:

$$12k - 9 + \frac{(a+b+c)(a^2+b^2+c^2)}{abc} \geq \frac{4k(\sqrt[k]{a^3} + \sqrt[k]{b^3} + \sqrt[k]{c^3})}{\sqrt[k]{abc}}$$

145. For $a, b, c > 0$, prove the following inequality:

$$\frac{\sqrt{a^2+3bc}}{(b+c)(a+8b)} + \frac{\sqrt{b^2+3ca}}{(c+a)(b+8c)} + \frac{\sqrt{c^2+3ab}}{(a+b)(c+8a)} \geq \frac{1}{a+b+c}$$

146. For $a, b, c > 0$ satisfying $ab+bc+ca=3$, prove the following:

- $\sqrt{a^2+a} + \sqrt{b^2+b} + \sqrt{c^2+c} \geq 3\sqrt{2}$
- $\sqrt[3]{5a^3+3a} + \sqrt[3]{5b^3+3b} + \sqrt[3]{5c^3+3c} \geq 6$

147. For $a, b, c > 0$, prove the following inequality:

$$\frac{\sqrt{ab}}{ab+c^2} + \frac{\sqrt{bc}}{bc+a^2} + \frac{\sqrt{ca}}{ca+b^2} \geq \frac{9(a^3+b^3+c^3)}{2(a+b+c)^4}$$

148. Given $a, b, c > 0$, Prove that:

$$\frac{a^2}{b} + \frac{b^2}{c} + \frac{c^2}{a} \geq \sqrt[4]{3} \cdot \sqrt[4]{\frac{a^3+b^3+c^3}{abc}} \cdot \sqrt{a^2+b^2+c^2}$$

149. Given $a, b, c > 0$, Prove that:

$$\frac{a}{b} + \frac{b}{c} + \frac{c}{a} \geq 3 \cdot \sqrt[4]{\frac{a^3+b^3+c^3}{3abc}}$$

150. Given $a, b, c \geq 0$. Prove that:

$$\sqrt[3]{a^2+4bc} + \sqrt[3]{b^2+4ca} + \sqrt[3]{c^2+4ab} \geq \sqrt[3]{45(ab+bc+ca)}$$

151. For positives a, b, c , prove that

$$\frac{16abc-3a^3}{(b-c)^2} + \frac{16abc-3b^3}{(c-a)^2} + \frac{16abc-3c^3}{(a-b)^2} \geq 21(a+b+c)$$

152. For positives a, b, c , prove that

$$\frac{abc}{(a+b)(b+c)(c+a)} \leq \frac{(a+b)(a+b+2c)}{(3a+3b+2c)^2} \leq \frac{1}{8}$$

153. In $\triangle ABC$ show that

$$\left(\frac{\cos \frac{A}{2}}{\tan A}\right)^2 + \left(\frac{\cos \frac{B}{2}}{\tan B}\right)^2 + \left(\frac{\cos \frac{C}{2}}{\tan C}\right)^2 + \frac{3}{4} \cdot \frac{\sin A + \sin B + \sin C}{\tan A + \tan B + \tan C} \geq \frac{9}{8}$$

154. $a, b, c \geq 0; a + 2b + 3c = 4$. Prove that:

$$(a^2b + b^2c + c^2a + abc)(ab^2 + bc^2 + ca^2 + abc) \leq 8$$

155. For positives a, b, c such that $ab + bc + ca \geq 11$; prove that

$$\sqrt[3]{a^2 + 3} + \frac{7}{5\sqrt[3]{14}} \cdot \sqrt[3]{b^2 + 3} + \frac{\sqrt[3]{9}}{5} \cdot \sqrt[3]{c^2 + 3} \geq \frac{23}{5\sqrt[3]{2}}$$

156. Let a, b, c be three real numbers satisfying $a + b + c = 3$. Prove that

$$\frac{a+b}{3a^2+b^2+c^2+3} + \frac{b+c}{3b^2+c^2+a^2+3} + \frac{c+a}{3c^2+a^2+b^2+3} \leq \frac{3}{4}$$

157. Let a, b, c be three real numbers satisfying $a + b + c = 3$. Prove that

$$\left(\frac{a^2 - bc}{b - c}\right)^2 + \left(\frac{b^2 - ca}{c - a}\right)^2 + \left(\frac{c^2 - ab}{a - b}\right)^2 \geq 18$$

158. Let a, b, c be real numbers. Prove that

$$\frac{a^4}{(b-c)^2} + \frac{b^4}{(c-a)^2} + \frac{c^4}{(a-b)^2} \geq 2(ab + bc + ca)$$

159. Let a, b, c be three real numbers. Prove that

$$\left|\frac{a^2 + bc}{b - c}\right| + \left|\frac{b^2 + ca}{c - a}\right| + \left|\frac{c^2 + ab}{a - b}\right| \geq \sqrt{3(a^2 + b^2 + c^2)}$$

160. Given $a, b, c \geq 0$, Find Minimum of the following expression.

$$P = \frac{a}{b+c} + m \cdot \sqrt{\frac{b}{c+a}} + n \cdot \sqrt[3]{\frac{c}{a+b}}$$

$$\text{Where } m = \frac{9}{8} \text{ and } n = \frac{3}{2\sqrt[3]{2}}.$$

161. Let a, b, c be positive real numbers. Prove that:

$$\frac{2a+b}{a+2b}\sqrt{\frac{c}{2b+c}} + \frac{2b+c}{b+2c}\sqrt{\frac{a}{2c+a}} + \frac{2c+a}{c+2a}\sqrt{\frac{b}{2a+b}} \geq \sqrt{3}$$

162. Let a, b, c be positive real numbers and $n \in \mathbb{N}$. Prove that

$$\sqrt[n]{\frac{a}{a+(n-1)b}} + \sqrt[n]{\frac{b}{b+(n-1)c}} + \sqrt[n]{\frac{c}{c+(n-1)a}} \leq \frac{3}{\sqrt[n]{n}}$$

163. Let a, b, c be three nonnegative real numbers satisfying $a+b+c=1$. Prove that:

$$(a^2+ab+bc)(b^2+bc+ca)(c^2+ca+ab) - 2abc \leq \frac{108}{3125}$$

164. Let a, b, c be positive real numbers. Prove that:

$$\left(\frac{a}{4a+5b+3c}\right)^{\frac{2}{3}} + \left(\frac{b}{4b+5c+3a}\right)^{\frac{2}{3}} + \left(\frac{c}{4c+5a+3b}\right)^{\frac{2}{3}} \leq \frac{3}{12^{\frac{2}{3}}}$$

165. Let a, b, c be three positive real numbers. Prove that:

$$\sqrt{\frac{a}{a+2b+3c}} + \sqrt{\frac{b}{b+2c+3a}} + \sqrt{\frac{c}{c+2a+3b}} \leq \sqrt{\frac{3}{2}}$$

166. Let a, b, c be positive real numbers. Prove that:

$$\frac{a(b+c)}{b^2+c^2} + \frac{b(c+a)}{c^2+a^2} + \frac{c(a+b)}{a^2+b^2} + 3 \geq 4 \left(\frac{ab}{ab+c^2} + \frac{bc}{bc+a^2} + \frac{ca}{ca+b^2} \right)$$

167. Let a, b, c be positive real numbers. Prove that:

$$\frac{1}{a+\sqrt{a^2+3b^2}} + \frac{1}{b+\sqrt{b^2+3c^2}} + \frac{1}{c+\sqrt{c^2+3a^2}} \geq \frac{2}{a+b+c} + \frac{a+b+c}{3(a^2+b^2+c^2)}$$

168. Let a, b, c be positive real numbers. Prove that:

$$\left(\frac{a}{13a+17b}\right)^{\frac{2}{5}} + \left(\frac{b}{13b+17c}\right)^{\frac{2}{5}} + \left(\frac{c}{13c+17a}\right)^{\frac{2}{5}} \leq \frac{3}{30^{\frac{2}{5}}}$$

169. Let a, b, c be nonnegative real numbers. Prove that:

$$\frac{1}{2a^2+bc} + \frac{1}{2a^2+bc} + \frac{1}{2a^2+bc} \geq \frac{(a+b+c)^2}{2(a^2b^2+b^2c^2+c^2a^2)+abc(a+b+c)}$$

170. Let a, b, c be positive real numbers. Prove that:

$$\sqrt{(a^2 + b^2 + c^2)(ab^3 + bc^3 + ca^3)} \geq abc + \frac{2(ab^3 + bc^3 + ca^3)}{a + b + c}$$

171. Let a, b, c be positive real numbers. Prove that:

$$1 + \frac{ab^2 + bc^2 + ca^2}{(ab + bc + ca)(a + b + c)} \geq \frac{4 \cdot \sqrt[3]{(a^2 + ab + bc)(b^2 + bc + ca)(c^2 + ca + ab)}}{(a + b + c)^2}$$

172. Let a, b, c be positive real numbers. Prove that:

$$\frac{(a + b + c)^3}{8abc} \geq \frac{(a^2 + ab + bc)(b^2 + bc + ca)(c^2 + ca + ab)}{(a^2 + bc)(b^2 + ca)(c^2 + ab)}$$

173. Let a, b, c be real numbers in $[1, 3]$ satisfying $a + b + c = 6$. Prove that:

$$24 \leq a^3 + b^3 + c^3 \leq 36.$$

174. Let a, b, c, d be nonnegative numbers satisfying $a + b + c + d = 4$. Prove that:

$$\frac{ab}{c + d + 4} + \frac{bc}{d + a + 4} + \frac{cd}{a + b + 4} + \frac{da}{b + c + 4} + \frac{\sqrt{abcd}}{3} \leq 1$$

175. Given a, b, c, d be the real nonnegative numbers satisfying $a + b + c + d = 3$. Prove that:

$$\frac{ab}{3b + c + d + 3} + \frac{bc}{3c + d + a + 3} + \frac{cd}{3d + a + b + 3} + \frac{da}{3a + b + c + 3} \leq \frac{1}{3}$$

176. Let a, b, c, d be the nonnegative numbers satisfying $a + b + c + d = 4$. Prove that:

$$\begin{aligned} & \sqrt{\frac{a}{a^2 + 3b^2 + 5c^2 + 7d^2}} + \sqrt{\frac{b}{b^2 + 3c^2 + 5d^2 + 7a^2}} \\ & + \sqrt{\frac{c}{c^2 + 3d^2 + 5a^2 + 7b^2}} + \sqrt{\frac{d}{d^2 + 3a^2 + 5b^2 + 7c^2}} \leq 1. \end{aligned}$$

177. Let a, b, c be nonnegative numbers. Prove that:

$$\frac{a}{(b + c)^2} + \frac{b}{(c + a)^2} + \frac{c}{(a + b)^2} + \frac{28(ab + bc + ca)}{(a + b + c)^3} \geq \frac{11}{a + b + c}$$

178. Let a, b, c be real numbers satisfying $a + b + c = 3$. Prove that:

$$\frac{(a + b)^2}{4a + b^2 + c^2} + \frac{(b + c)^2}{4b + c^2 + a^2} + \frac{(c + a)^2}{4c + a^2 + b^2} \leq 2$$

179. Given A, B, C are three sides of a triangle. Find Minimum:

$$P = 2(\sin A + \sin B + \sin C) + \cot \frac{A}{2} + \cot \frac{B}{2} + \cot \frac{C}{2}$$

180. Let a, b, c be positive real numbers satisfying $a + b + c = 3$. Prove that:

$$ab + bc + ca + \frac{1}{abc} \geq 3 + abc$$

181. Let a, b, c be real numbers satisfying $a^2 + b^2 + c^2 = 2(ab + bc + ca)$. Prove that:

$$\frac{|a-b|}{\sqrt{2ab+c^2}} + \frac{|b-c|}{\sqrt{2bc+a^2}} + \frac{|c-a|}{\sqrt{2ca+b^2}} \geq 2$$

182. Let a, b, c be positive real numbers satisfying $a^2b + b^2c + c^2a = 3$ and $k \geq 7$. Prove that:

$$\frac{1}{a^3+k} + \frac{1}{b^3+k} + \frac{1}{c^3+k} \leq \frac{3}{k+1}$$

183. Given a, b, c are three real numbers satisfying $a + b + c = 3$; Prove that:

$$\frac{a^2 + b^2c^2}{(b-c)^2} + \frac{b^2 + c^2a^2}{(c-a)^2} + \frac{c^2 + a^2b^2}{(a-b)^2} \geq 5$$

184. Given $a, b, c, k > 0$ and $a + b + c = 3$. Prove that:

$$\frac{a}{\sqrt{kb+c^2}} + \frac{b}{\sqrt{kc+a^2}} + \frac{c}{\sqrt{ka+b^2}} \geq \frac{3}{\sqrt{k+1}}$$

185. Given a, b, c are three reals; Prove that:

$$\left(\frac{a}{b-c}\right)^2 + \left(\frac{b}{c-a}\right)^2 + \left(\frac{c}{a-b}\right)^2 \geq \frac{1}{2} + \frac{3(ab+bc+ca)}{a^2+b^2+c^2}$$

186. Given a, b, c are three reals such that $a^2 + b^2 + c^2 = 3$; Prove that:

$$2(b^2c^2 - a^2)(c^2a^2 - b^2)(a^2b^2 - c^2) + 64a^2b^2c^2 \geq (bc-a)^2(ca-b)^2(ab-c)^2$$

187. Given $a, b, c > 0$ and $a + b + c = 3$. Prove that

- $11 \left(\sqrt[4]{a} + \sqrt[4]{b} + \sqrt[4]{c} \right) + 3 \geq 12(ab + bc + ca)$
- $5 \left(\sqrt{a} + \sqrt{b} + \sqrt{c} \right) \geq 4(ab + bc + ca) + 3$
- $\sqrt[3]{a} + \sqrt[3]{b} + \sqrt[3]{c} \geq ab + bc + ca.$

188. Given $a, b, c > 0$. Prove that

$$\frac{a+b+c}{\sqrt[3]{abc}} + \frac{2(a+b+c)^4}{27(a^2b^2+b^2c^2+c^2a^2)} \geq 5$$

189. Let $a, b, c > 0$. Prove that:

$$\frac{2}{3\sqrt{3}} \cdot \sqrt{\frac{(a+b+c)^3}{abc}} \geq \frac{a(b+c)}{a^2+2bc} + \frac{b(c+a)}{b^2+2ca} + \frac{c(a+b)}{c^2+2ab}$$

190. Let a, b, c be positive real numbers. Prove that:

$$\frac{a+b}{a^2+bc+c^2} + \frac{b+c}{b^2+ca+a^2} + \frac{c+a}{c^2+ab+b^2} \geq \frac{27(ab^2+bc^2+ca^2+3abc)}{(a+b+c)^4}$$

191. Let a, b, c be positive real numbers. Prove that:

$$\sqrt[3]{\frac{(a+b)(b+c)(c+a)}{abc}} \geq \frac{4}{3} \left(\frac{a^2}{a^2+bc} + \frac{b^2}{b^2+ca} + \frac{c^2}{c^2+ab} \right)$$

192. Given $a, b, c > 0$ and $ab+bc+ca=1$. Prove that:

$$(a^2+2bc)(b^2+2ac)(c^2+2ab) \geq \sqrt{1+36a^2b^2c^2[(a-b)(b-c)(c-a)]^2}$$

193. Let a, b, c be nonnegative numbers. Prove that:

$$\frac{a(bc+ca-2ab)}{(2a+b)^2} + \frac{b(ca+ab-2bc)}{(2b+c)^2} + \frac{c(ab+bc-2ca)}{(2c+a)^2} \geq 0$$

Equality occurs when $a=b=c$ or $(a, b, c) = (0, 1, 2)$ and its cyclics.

194. Let a, b, c be three real numbers and $k \in \mathbb{R}$. Prove that:

$$\left(\frac{a}{4a-3b-c} \right)^2 + \left(\frac{b}{4b-3c-a} \right)^2 + \left(\frac{c}{4c-3a-b} \right)^2 \geq \frac{10}{169}$$

The general problem:

$$\begin{aligned} & \left(\frac{a}{2ka - (k+1)b - (k-1)c} \right)^2 + \left(\frac{b}{2kb - (k+1)c - (k-1)a} \right)^2 \\ & + \left(\frac{c}{2kc - (k+1)a - (k-1)b} \right)^2 \geq \frac{2(1+k^2)}{(3k^2+1)^2} \end{aligned}$$

195. Let a, b, c be nonnegative numbers. Prove that:

$$\frac{3}{2} + \frac{abc(a^{2008}+b^{2008}+c^{2008})}{(a+b+c)(a^{2010}+b^{2010}+c^{2010})} \geq 3 \cdot \sqrt{\frac{(a+b)(b+c)(c+a)}{(a+b+c)^3}}$$

196. Let a, b, c be three real numbers satisfy $a+b+c=3$. Prove that:

$$\frac{1}{3a^2+4b^2+5c^2+6} + \frac{1}{3b^2+4c^2+5a^2+6} + \frac{1}{3c^2+4a^2+5b^2+6} \leq \frac{1}{6}$$

197. Let a, b, c be three real numbers. Prove that:

$$\frac{a+b}{2a^2+3b^2+3c^2+8} + \frac{b+c}{2b^2+3c^2+3a^2+8} + \frac{c+a}{2c^2+3a^2+3b^2+8} \leq \frac{3}{8}$$

198. Let a, b, c be positive numbers. Prove that:

$$\frac{\sqrt{a(a^2+ab+bc)}}{a+b} + \frac{\sqrt{b(b^2+bc+ca)}}{b+c} + \frac{\sqrt{c(c^2+ca+ab)}}{c+a} \leq \frac{3}{2}\sqrt{a+b+c}$$

199. Let a, b, c be nonnegative numbers. Prove that:

$$\frac{a(b^2+ca)}{(2a+b)^2} + \frac{b(c^2+ab)}{(2b+c)^2} + \frac{c(a^2+bc)}{(2c+a)^2} \geq \frac{3}{160} \cdot \frac{(2a+5b)(2b+5c)(2c+5a) - 28abc}{(a+b+c)^2}$$

200. Let a, b, c be real numbers satisfying $a+b+c=3$. Prove that:

$$\frac{|a+b|}{4a+b^2+c^2} + \frac{|b+c|}{4b+c^2+a^2} + \frac{|c+a|}{4c+a^2+b^2} \leq 1$$

2 Solutions To Selected Problems

1. For positive reals a, b, c prove that:

$$(a + b + c)^3 \geq 6\sqrt{3}(a - b)(b - c)(c - a)$$

Solution

Without any loss of generality, assume $c \geq b \geq a$. Then we have

$$(a - b)(b - c)(c - a) = (c - a)(b - a)(c - b) \leq bc(c - b);$$

And it suffices to prove that

$$(b + c)^3 \geq 6\sqrt{3}bc(c - b).$$

Now, using a simple balancing method we can find out that AM-GM in the following manner proves it easily,

$$2bc(c - b) = (\sqrt{3} + 1)b \cdot (\sqrt{3} - 1)c \cdot (c - b) \leq \frac{\{\sqrt{3}(b + c)\}^3}{27} = \frac{(b + c)^3}{3\sqrt{3}}.$$

Equality occurs if and only if $(a, b, c) = (0, k(\sqrt{3} - 1), k(\sqrt{3} - 1))$ and its cyclic permutations. \square

2. For $a, b, c \geq 0$ and $k \in \mathbf{R}$ find the best constant that satisfies

$$(a + b + c)^5 \geq k(a^2 + b^2 + c^2)(a - b)(b - c)(c - a)$$

Solution

Letting $c = \sqrt[4]{5} + 1, b = \sqrt[4]{5} - 1, c = 0$; we obtain $k = 10\sqrt[4]{5}$. So it is sufficient to check the given inequality for $k = 10\sqrt[4]{5}$.

Assume WLOG that $c \geq b \geq a$.

Note that;

$$\begin{aligned} \frac{(a + b + c)^2}{a^2 + b^2 + c^2} &= 3 - \frac{(a - b)^2 + (b - c)^2 + (c - a)^2}{a^2 + b^2 + c^2} \geq 3 - \frac{b^2 + c^2 + (b - c)^2}{b^2 + c^2} \\ &= \frac{(b + c)^2}{b^2 + c^2}; \end{aligned}$$

So that it is enough to show that

$$(b + c)^5 \geq 10\sqrt[4]{5}(c - b)bc(b^2 + c^2).$$

Note that we have, $bc(b^2 + c^2) = \frac{1}{8}((c + b)^4 - (c - b)^4)$; so that we may rephrase the last inequality into

$$(b + c)^5 \geq \frac{10\sqrt[4]{5}}{8} \cdot (c - b)((c + b)^4 - (c - b)^4).$$

Due to homogeneity of this inequality, assume $c+b = 2\sqrt[4]{5}$, and $c-b = 2t$, where $t \geq 0$. Then our last inequality simplifies as

$$4 \geq t(5 - t^4).$$

Note that using the AM-GM inequality, we have

$$t(5 - t^4) \leq t(8 - 4t) = 4t(2 - t) \leq (t + 2 - t)^2 = 4.$$

Hence we are done. Equality holds iff $(a, b, c) \sim \left((\sqrt[4]{5} + 1), (\sqrt[4]{5} - 1), 0 \right)$ and its relevant permutations. \square

3. For nonnegative reals a, b, c , find the best k satisfying

$$(a + b + c)^5 \geq k(ab + bc + ac)(a - b)(b - c)(c - a)$$

Solution

Again, WLOG assume that $c \geq b \geq a$. Putting $a = 0, b = \frac{\sqrt{5}-1}{2}, c = \frac{\sqrt{5}+1}{2}$; we obtain $k = 25\sqrt{5}$. So we have to prove that

$$(a + b + c)^5 \geq 25\sqrt{5}(ab + bc + ca)(b - a)(c - b)(c - a).$$

Note that

$$\begin{aligned} (ab + bc + ca)(bc - ca)(bc - ab) &\leq \frac{1}{27}(ab + bc + ca + bc - ca + bc - ab)^3 \\ &= b^3c^3; \end{aligned}$$

So that we get

$$(ab + bc + ca)(c - a)(b - a) \leq b^2c^2.$$

Hence it is sufficient to check that

$$(a + b + c)^5 \geq 25\sqrt{5}b^2c^2(c - b).$$

Note that, from the AM-GM inequality, we have

$$\begin{aligned} b^2c^2(c - b) &= \left(\left(\frac{\sqrt{5}+1}{2} \right) b \right)^2 \left(\left(\frac{\sqrt{5}-1}{2} \right) c \right)^2 (c - b) \\ &\leq \left(\frac{b(\sqrt{5}+1) + c(\sqrt{5}-1) + (c-b)}{5} \right)^5 \\ &= \frac{(b+c)^5}{25\sqrt{5}} \leq \frac{(a+b+c)^5}{25\sqrt{5}}. \end{aligned}$$

Equality holds if and only if $a = 0, b = \frac{\sqrt{5}-1}{2}k, c = \frac{\sqrt{5}+1}{2}k$, (where k is a positive constant) and its relevant permutations. \square

4. For nonnegative a, b, c , find the best k such that

$$(a^2 + b^2 + c^2)^3 \geq k(a-b)^2(b-c)^2(c-a)^2$$

Solution

Let us assume without loss of generality that $c \geq b \geq a$. Letting $a = 0, b = \sqrt{5}-1, c = \sqrt{5}+1$; we get $k = 27$. Hence it is sufficient to check the inequality for $k = 27$.

However, note that we have $(a-b)(b-c)(c-a) \leq bc(c-b)$; and it is enough to check that

$$a^2 + b^2 + c^2 \geq 3\sqrt[3]{(b^2 - 2bc + c^2)(bc)(bc)};$$

Which is obvious from the AM-GM inequality. Equality holds in the original inequality iff $(a, b, c) \sim (0, \sqrt{5}-1, \sqrt{5}+1)$ and all its *symmetric* permutations. \square

5. For nonnegative reals a, b, c prove that

$$\frac{ab}{(a+b)^2} + \frac{bc}{(b+c)^2} + \frac{ca}{(c+a)^2} \leq \frac{1}{4} + \frac{4abc}{(a+b)(b+c)(c+a)}$$

Solution

We can rewrite this inequality into;

$$\frac{(b-c)^2}{(b+c)^2} + \frac{(c-a)^2}{(c+a)^2} + \frac{(a-b)^2}{(a+b)^2} \geq \frac{2a(b-c)^2 + 2b(c-a)^2 + 2c(a-b)^2}{(a+b)(b+c)(c+a)};$$

Or,

$$\frac{(b-c)^2(a-b)(a-c)}{(b+c)^2(a+b)(c+a)} + \frac{(c-a)^2(b-c)(b-a)}{(c+a)^2(a+b)(b+c)} + \frac{(a-b)^2(c-a)(c-b)}{(a+b)^2(b+c)(c+a)} \geq 0;$$

Or,

$$\frac{(a-b)^2(b-c)^2(c-a)^2}{(a+b)^2(b+c)^2(c+a)^2} \geq 0;$$

Which is perfectly true. Equality holds iff $a = b = c$. \square

6. For $a, b, c > 0$ satisfying $a^2 + b^2 + c^2 = 6$ Find P_{min} where

$$P = \frac{a}{bc} + \frac{2b}{ca} + \frac{5c}{ab}$$

Solution

Note that $P = \sqrt{\frac{a^2 + b^2 + c^2}{6}} \left(\frac{a}{bc} + \frac{2b}{ca} + \frac{5c}{ab} \right)$. Now, let $x = \frac{bc}{a}, y = \frac{ca}{b}, z = \frac{ab}{c}$ so that $xy + yz + zx = a^2 + b^2 + c^2$, and due to homogeneity we can assume $xy + yz + zx = 1$. Then it is enough to find the minimum value of the expression $P = \frac{1}{\sqrt{6}} \left(\frac{1}{x} + \frac{2}{y} + \frac{5}{z} \right)$.

Now, note that replacing x, y, z with $\frac{1}{x}, \frac{1}{y}, \frac{1}{z}$, we have to minimize, for $xyz = x + y + z$,

$$\sqrt{6}P = x + 2y + \frac{5(x+y)}{xy-1}.$$

However, note that

$$\begin{aligned} \sqrt{6}P &= x + \frac{2}{x} + \frac{5}{x} + \frac{2(xy-1)}{x} + \frac{5(x+y)}{xy-1} - \frac{5}{x} \\ &= x + \frac{7}{x} + \frac{2(xy-1)}{x} + \frac{5(x^2+1)}{x(xy-1)} \\ &\geq x + \frac{7}{x} + 2\sqrt{\frac{10(xy-1)(x^2+1)}{x^2(xy-1)}} \\ &= x + \frac{7}{x} + 2\sqrt{10}\sqrt{1 + \frac{1}{x^2}} \\ &\geq x + \frac{7}{x} + 2\left(3 + \frac{1}{x}\right) \\ &= x + \frac{9}{x} + 6 \geq 12; \end{aligned}$$

Where the last step follows from $x + \frac{9}{x} \geq 2\sqrt{x \cdot \frac{9}{x}} = 6$. Hence $P \geq 2\sqrt{6}$. Equality holds if and only if $a = \sqrt{2}, b = \sqrt{3}, c = 1$. \square

7. For nonnegative reals a, b, c Prove that:

$$\frac{(a+b)^2(a+c)^2}{(b^2-c^2)^2} + \frac{(b+c)^2(a+b)^2}{(c^2-a^2)^2} + \frac{(b+c)^2(c+a)^2}{(a^2-b^2)^2} \geq 2$$

Solution 1

Let $x = \frac{(a+b)(c+a)}{(b+c)(b-c)}, y = \frac{(b+c)(a+b)}{(c+a)(c-a)}, z = \frac{(b+c)(c+a)}{(a+b)(a-b)}$. Then we

observe that

$$\begin{aligned} xy + yz + zx &= \sum_{cyc} \frac{(a+b)^2(b+c)(c+a)}{(b+c)(c+a)(b-c)(c-a)} = \sum_{cyc} \frac{(a+b)^2}{(b-c)(c-a)} \\ &= -\frac{(a-b)(b-c)(c-a)}{(a-b)(b-c)(c-a)} \\ &= -1. \end{aligned}$$

And therefore,

$$(x+y+z)^2 \geq 0 \implies x^2 + y^2 + z^2 \geq -2(xy + yz + zx) = 2.$$

We are done. \square

Solution 2

Note that

$$\sum_{cyc} \frac{(a+b)^2(a+c)^2}{(b^2-c^2)^2} \geq \sum_{cyc} \frac{a^4}{(b^2-c^2)^2};$$

But

$$\sum_{cyc} \frac{a^4}{(b^2-c^2)^2} - 2 = \left(\sum_{cyc} \frac{a^2}{b^2-c^2} \right)^2 \geq 0.$$

\square

8. For positive reals a, b, c prove that

$$\frac{a}{b+c} + \frac{b}{c+a} + \frac{c}{a+b} + \frac{16}{5} \cdot \frac{ab+bc+ca}{a^2+b^2+c^2} \geq \frac{18}{5}$$

Solution

Due to homogeneity assume that $a+b+c = 1$. Letting $q = ab+bc+ca$, $r = abc$, the original inequality can be found to be equivalent to with

$$\frac{1-2q+3r}{q-r} + \frac{16q}{5(1-2q)} \geq \frac{18}{5}.$$

Note that $r \geq 0$ can help us in rephrasing this as $(4q-1)(18q-5) \geq 0$.

When $q \leq \frac{1}{4}$; this holds good. Hence it is sufficient to check the case of

$$q \geq \frac{1}{4}.$$

In this case, however, using the Schur's inequality of third degree, we have $r \geq \frac{4q-1}{9}$, so that it is enough to check that

$$\frac{1-2q+3 \cdot \frac{4q-1}{9}}{q-\frac{4q-1}{9}} + \frac{16q}{5(1-2q)} \geq \frac{18}{5};$$

Which factorises into $(20q - 3)(4q - 1) \geq 0$, which is perfectly true due to our assumption $q \geq \frac{1}{4}$.
 Equality holds in the original inequality if and only if $a = b = c$ or $a = b, c = 0$. \square

9. For positive a, b, c ; show that :

$$\frac{(a^2 + bc)(b^2 + ca)(c^2 + ab)}{(a^2 + b^2)(b^2 + c^2)(c^2 + a^2)} + \frac{(a - b)(a - c)}{b^2 + c^2} + \frac{(b - c)(b - a)}{c^2 + a^2} + \frac{(c - a)(c - b)}{a^2 + b^2} \geq 1$$

Solution

Note that

$$\begin{aligned} & (a^2 + bc)(b^2 + ca)(c^2 + ab) - (a^2 + b^2)(b^2 + c^2)(c^2 + a^2) \\ &= \sum_{cyc} (b^3c^3 + abc \cdot a^3 - a^4(b^2 + c^2)) \\ &= \frac{1}{2} \sum_{cyc} (2b^3c^3 + 2abc \cdot a^3 - a^4(b^2 + c^2) - b^2c^2(b^2 + c^2)) \\ &= -\frac{1}{2}(a^4 + b^2c^2)(b - c)^2; \end{aligned}$$

So that it is sufficient to check that

$$\begin{aligned} \sum_{cyc} (a^2 + b^2)(c^2 + a^2)(a - b)(a - c) &\geq \frac{1}{2} \sum_{cyc} (a^4 + b^2c^2)(b - c)^2 \\ &= \sum_{cyc} (b^4 + c^4 + a^2(b^2 + c^2)) (a - b)(a - c); \end{aligned}$$

Which can be rephrased as

$$\sum_{cyc} (a^4 + b^2c^2 - b^4 - c^4) (a - b)(a - c) \geq 0;$$

Or,

$$\sum_{cyc} (a + b)(a + c)(a - c)^2(a - b)^2 \geq 0.$$

Equality holds if and only if $a = b = c$. \square

10. For positive reals a, b, c prove that:

$$1 + \frac{ab + bc + ca}{a^2 + b^2 + c^2} \geq \frac{16abc}{(a + b)(b + c)(c + a)}$$

Solution

Rewrite the given problem into,

$$\frac{ab + bc + ca}{a^2 + b^2 + c^2} - 1 \geq 2 \left(\frac{8abc}{(a+b)(b+c)(c+a)} - 1 \right);$$

Which can be rephrased as

$$-\frac{1}{2} \sum_{cyc} \frac{(b-c)^2}{a^2 + b^2 + c^2} \geq -2 \sum_{cyc} \frac{a(b-c)^2}{(a+b)(b+c)(c+a)};$$

Which can be rephrased as

$$\sum_{cyc} (b-c)^2 \left(\frac{4a}{(a+b)(b+c)(c+a)} - \frac{1}{a^2 + b^2 + c^2} \right) \geq 0.$$

Note that this is obvious from SOS. Equality holds if and only if $a = b = c$.

□

11. For nonnegative a, b, c prove that :

$$(a^2 + b^2 + c^2 - 1)^2 \geq 2(a^3b + b^3c + c^3a - 1)$$

Solution

Using the famous inequality of Vasc, it is sufficient to check that

$$(a^2 + b^2 + c^2 - 1)^2 \geq \frac{2}{3}(a^2 + b^2 + c^2)^2 - 2;$$

Which, after letting $x = a^2 + b^2 + c^2$, reduces to

$$3(x^2 - 2x + 1) \geq 2x^2 - 6; \iff (x - 3)^2 \geq 0.$$

Equality holds if and only if $a = b = c = 1$.

□

12. Let $a, b, c \geq 0$ satisfy $a + b + c = 2$. Prove that we have;

- $(\sqrt{a^3} + \sqrt{b^3}) (\sqrt{b^3} + \sqrt{c^3}) (\sqrt{c^3} + \sqrt{a^3}) \leq 2;$
- $(a^2 + b^2) (b^2 + c^2) (c^2 + a^2) \leq 2;$
- $(\sqrt{a^5} + \sqrt{b^5}) (\sqrt{b^5} + \sqrt{c^5}) (\sqrt{c^5} + \sqrt{a^5}) \leq 2;$
- $(a^3 + b^3) (b^3 + c^3) (c^3 + a^3) \leq 2;$
- $(a^2 + b^2) (b^2 + c^2) (c^2 + a^2) \leq (a+b)(b+c)(c+a).$

Solution

$$\text{PART (a) : } \boxed{\left(\sqrt{a^3} + \sqrt{b^3}\right) \left(\sqrt{b^3} + \sqrt{c^3}\right) \left(\sqrt{c^3} + \sqrt{a^3}\right) \leq 2}$$

After using the Cauchy-Schwarz inequality, we have to show that

$$(a+b)(b+c)(c+a)(a^2+b^2)(b^2+c^2)(c^2+a^2) \leq 4.$$

Without loss of generality, assume that $c = \min\{a, b, c\}$. With this assumption, we have

$$b^2 + c^2 \leq b^2 + bc = b(b+c), \quad c^2 + a^2 \leq ca + a^2 = a(a+c).$$

Therefore, it suffices to prove that

$$ab(a^2+b^2)(a+b)(a+c)^2(b+c)^2 \leq 4.$$

Now, by the AM-GM inequality, we obtain

$$ab(a^2+b^2) = \frac{1}{2} \cdot 2ab \cdot (a^2+b^2) \leq \frac{1}{2} \cdot \left[\frac{2ab+(a^2+b^2)}{2}\right]^2 = \frac{(a+b)^4}{8}.$$

Thus, to complete the proof, we must prove that

$$(a+b)^5(a+c)^2(b+c)^2 \leq 32.$$

However, this is true according to the AM-GM inequality

$$\begin{aligned} (a+b)^5(a+c)^2(b+c)^2 &= \frac{1}{16} \cdot (a+b)^5 \cdot [2(a+c)]^2 \cdot [2(b+c)]^2 \\ &\leq \frac{1}{16} \left[\frac{5 \cdot (a+b) + 2 \cdot 2(a+c) + 2 \cdot 2(b+c)}{9} \right]^9 \\ &= \frac{1}{16} \left(\frac{9a+9b+8c}{9} \right)^9 \leq \frac{1}{16} \left(\frac{9a+9b+9c}{9} \right)^9 = 32. \end{aligned}$$

We are done. □

$$\text{PART (b) : } \boxed{(a^2+b^2)(b^2+c^2)(c^2+a^2) \leq 2}$$

Without loss of generality, assume $c = \min\{a, b, c\}$. Then, we note that

$$(b^2+c^2)(c^2+a^2) \leq b(b+c) \cdot a(c+a) = ab(b+c)(c+a).$$

So, it is sufficient to check that

$$ab(b+c)(c+a)(a^2+b^2) \leq 2.$$

Note that

$$\begin{aligned}
4ab(b+c)(c+a)(a^2+b^2) &\leq \left[\frac{2a(b+c) + 2b(c+a) + a^2 + b^2}{3} \right]^3 \\
&\leq \left[\frac{2bc + (a+b+c)^2}{3} \right]^3 \\
&\leq \left[\frac{\frac{1}{2}(b+c)^2 + (a+b+c)^2}{3} \right]^3 \\
&\leq 8.
\end{aligned}$$

So, we are done. \square

$$\text{PART (c) : } \boxed{(\sqrt{a^5} + \sqrt{b^5})(\sqrt{b^5} + \sqrt{c^5})(\sqrt{c^5} + \sqrt{a^5}) \leq 2}$$

Note that

$$(\sqrt{a^5} + \sqrt{b^5})^2 \leq (a^2 + b^2)(a^3 + b^3);$$

So we will be done if part (d) also holds good. \square

$$\text{PART (d) : } \boxed{(a^3 + b^3)(b^3 + c^3)(c^3 + a^3) \leq 2}$$

Again let us assume that $c = \min\{a, b, c\}$. Note that we have

$$(a^3 + b^3)(b^3 + c^3)(c^3 + a^3) = (a+b)(b+c)(c+a) \prod_{cyc} (a^2 - ab + b^2).$$

From our assumption, we have $(b^2 - bc + c^2)(c^2 - ca + a^2) \leq a^2b^2$. Thus, it suffices to check that

$$a^2b^2(a+b)(b+c)(c+a)(a^2 - ab + b^2) \leq 2$$

But, from the AM-GM inequality, we obtain

$$\begin{aligned}
a^2b^2(a+b)(b+c)(c+a)(a^2 - ab + b^2) &= (a+b) \cdot (ab)^2(c^2 + ab + bc + ac)(a^2 - ab + b^2) \\
&\leq (a+b) \left[\frac{2ab + c^2 + ab + bc + ac + a^2 - ab + b^2}{4} \right]^4 \\
&= (a+b) \left[\frac{a^2 + b^2 + c^2 + 2ab + bc + ca}{4} \right]^4 \\
&\leq (a+b+c) \cdot \left[\frac{(a+b+c)^2}{4} \right]^4 \\
&= 2.
\end{aligned}$$

Hence we are done. \square

$$\text{PART (e) : } \boxed{(a^2 + b^2)(b^2 + c^2)(c^2 + a^2) \leq (a + b)(b + c)(c + a).}$$

It is obvious enough that we may assume $c = \min\{a, b, c\}$. So, we get $(b^2 + c^2)(c^2 + a^2) \leq ab(b + c)(c + a)$. Hence it is enough to check that

$$ab(a^2 + b^2) \leq a + b;$$

Which is perfectly true, since, according to the AM-GM inequality we obtain

$$\begin{aligned} ab(a^2 + b^2) &= \frac{1}{8} \cdot 4(2ab)(a^2 + b^2) \leq \frac{1}{8}(a^2 + b^2 + 2ab)^2 \leq (a + b) \left(\frac{a + b + c}{2} \right)^3 \\ &= a + b. \end{aligned}$$

We are done. \square

In all the inequalities from (a) to (e), equality occurs if and only if $(a, b, c) = (1, 1, 0)$ and its cyclic permutations. \square

13. $a, b, c \geq 0$. **Prove that**

$$(a^2 + 5bc)(b^2 + 5ca)(c^2 + 5ab) \geq 27abc(a + b)(b + c)(c + a)$$

Solution

After expanding, we see that it is enough to check

$$5 \sum_{cyc} a^3b^3 + 25 \sum_{cyc} a^4bc + 72a^2b^2c^2 \geq 27abc \sum_{cyc} a^2(b + c)$$

Using Schur's inequality of third degree,

$$5 \sum_{cyc} (a^3b^3 + 3a^2b^2c^2) \geq 5abc \sum_{cyc} a^2(b + c);$$

Hence it suffices to prove that;

$$25 \sum a^4bc + 57abc \geq 22abc \sum a^2(b + c).$$

But this is also obvious due to Schur of the third degree and AM-GM:

$$25 \sum a^4bc + 57abc \geq 22abc(\sum a^3 + 3abc) \geq 22abc \sum a^2(b + c).$$

Hence we are done. \square

14. Let $a, b, c \geq 0$. Prove that:

$$(2a^2 + 7bc)(2b^2 + 7ca)(2c^2 + 7ab) \geq 27(ab + bc + ca)^3$$

Solution

After expanding, we have to show that

$$\sum_{cyc} a^3b^3 + 98 \sum_{cyc} a^4bc + 189a^2b^2c^2 \geq 81abc \sum_{cyc} a^2(b+c).$$

We may rewrite the inequality into

$$\begin{aligned} & \left(\sum_{cyc} a^3b^3 + 3a^2b^2 - abc \sum_{cyc} a^2(b+c) \right) + abc \left(98 \sum_{cyc} a^3 + 186abc - 80 \sum_{cyc} a^2(b+c) \right) \geq \\ & \left(\sum_{cyc} a^3b^3 + 3a^2b^2 - abc \sum_{cyc} a^2(b+c) \right) + 80abc \left(\sum_{cyc} a^3 + 3abc - \sum_{cyc} a^2(b+c) \right); \end{aligned}$$

Which is perfectly true using the AM-GM inequality. \square

15. $a, b, c \geq 0$ are the sides of a triangle. Prove that

$$a^3 + b^3 + c^3 + 9abc \leq 2[ab(a+b) + bc(b+c) + ca(c+a)]$$

Solution

Rewrite this into

$$S = \sum_{cyc} (b+c-a)(a-b)(a-c) \geq 0.$$

Assume without loss of generality that $a \geq b \geq c$, so that we have $a+b-c \geq c+a-b \geq b+c-a \geq 0$. Again, using $a-c \geq a-b \geq 0$, we get

$$S \geq (b+c-a)(a-b)(a-c) + (b-c)[(a-c)(a+b-c) - (a-b)(a+c-b)] \geq 0.$$

\square

16. Let $a, b, c > 0$. Show that:

$$\frac{a^2}{2a^2 + (b+c-a)^2} + \frac{b^2}{2b^2 + (c+a-b)^2} + \frac{c^2}{2c^2 + (a+b-c)^2} \leq 1$$

Solution

Let us rewrite the given inequality into

$$\frac{(b+c-a)^2}{2a^2 + (b+c-a)^2} + \frac{(c+a-b)^2}{2b^2 + (c+a-b)^2} + \frac{(a+b-c)^2}{2c^2 + (a+b-c)^2} \geq 1.$$

Note that using the Cauchy-Schwarz inequality, we have

$$\sum_{cyc} \left(\frac{(b+c-a)^4}{2a^2(b+c-a)^2 + (b+c-a)^4} \right) \geq \frac{\sum (b+c-a)^2}{\sum (b+c-a)^4 + 2\sum a^2(b+c-a)^2};$$

So that it is enough to prove that:

$$\frac{\sum (b+c-a)^2}{\sum (b+c-a)^4 + 2\sum a^2(b+c-a)^2} \geq 1;$$

Which equivalent

$$4\sum_{cyc} a^4 + 4\sum_{cyc} a^2bc \geq 4\sum_{cyc} a^3(b+c)$$

Which is nothing other than the Schur's inequality of fourth degree. \square

17. Let $a, b, c \geq 0$ Show that:

$$\frac{3a^2 + 5ab}{(b+c)^2} + \frac{3b^2 + 5bc}{(c+a)^2} + \frac{3c^2 + 5ca}{(a+b)^2} \geq 6$$

Solution

Let us rewrite this inequality into

$$3\sum_{cyc} \frac{a(a+b)}{(b+c)^2} + 2\sum_{cyc} \frac{ab}{(b+c)^2} \geq 6.$$

Note that the sequences $\{bc, ca, ab\}$, and $\left\{ \frac{1}{(b+c)^2}, \frac{1}{(c+a)^2}, \frac{1}{(a+b)^2} \right\}$ are oppositely sorted, hence we get

$$2\sum_{cyc} \frac{ab}{(b+c)^2} \geq \sum_{cyc} \frac{ab+bc}{(b+c)^2} = \sum_{cyc} \frac{a(b+c)}{(a+b)^2}.$$

Now, observe that

$$2 \cdot \frac{a(a+b)}{(b+c)^2} + \frac{a(b+c)}{(a+b)^2} \stackrel{\text{AM-GM}}{\geq} 3\sqrt[3]{\frac{a^3(a+b)^2(b+c)}{(b+c)^4(a+b)^2}} = 3 \cdot \frac{a}{b+c}.$$

Also,

$$\begin{aligned} \sum_{cyc} \frac{a^2}{(b+c)^2} + \sum_{cyc} \frac{ab}{(b+c)^2} &\stackrel{\text{Rearrangement}}{\geq} \sum_{cyc} \frac{ca}{(b+c)^2} + \sum_{cyc} \frac{ab}{(b+c)^2} \\ &= \sum_{cyc} \frac{a}{b+c}; \end{aligned}$$

So, adding these two, we have to show that

$$4 \sum_{cyc} \frac{a}{b+c} \geq 6;$$

Which is obvious from Nessbitt's inequality. \square

18. Let $a, b, c > 0$ satisfy $a + b + c = 3$. Prove that:

$$(a^3 + b^3 + c^3)(ab + bc + ca)^8 \leq 3^9$$

Solution

Using the AM-GM inequality, we have

$$(a^3 + b^3 + c^3)(ab + bc + ca)^8 \leq \left[\frac{(a^3 + b^3 + c^3) + 8(ab + bc + ca)}{9} \right]^9.$$

Again, using the well-know inequality $8(a + b + c)(ab + bc + ca) \leq 9(a + b)(b + c)(c + a)$; we get

$$ab + bc + ca \leq \frac{3}{8}(a + b)(b + c)(c + a);$$

And

$$\frac{(a^3 + b^3 + c^3) + 8(ab + bc + ca)}{9} \leq \left(\frac{(a^3 + b^3 + c^3) + 3(a + b)(b + c)(c + a)}{9} \right)^9 = 3^9.$$

Hence we are done. Equality holds iff $a = b = c = 1$. \square

19. $a, b, c \geq 0$ Show that

$$\frac{a^2}{(b+c)^2} + \frac{b^2}{(c+a)^2} + \frac{c^2}{(a+b)^2} + \frac{10abc}{(a+b)(b+c)(c+a)} \geq 2$$

Solution

Let $x = \frac{a}{b+c}, y = \frac{b}{c+a}, z = \frac{c}{a+b}$. Then we have to show that

$$x^2 + y^2 + z^2 + 10xyz \geq 2.$$

Firstly, we have the identity $xy + yz + zx + 2xyz = 1$. Secondly, using the Schur's inequality of third degree, we have

$$\begin{aligned} x^2 + y^2 + z^2 + 6xyz + 4xyz &\stackrel{x+y+z \geq \frac{3}{2}}{\geq} x^2 + y^2 + z^2 + \frac{9xyz}{x+y+z} + 4xyz \\ &\geq 2(xy + yz + zx) + 4xyz = 2. \end{aligned}$$

We are done. Equality holds iff $a = b = c$. \square

20. For $a, b, c \geq 0$ such that $a + b + c = 3$, prove the following inequality:

$$(ab^3 + bc^3 + ca^3)(ab + bc + ca) \leq 16$$

Solution

Note that using the AM-GM inequality, we have:

$$\frac{(ab^3 + bc^3 + ca^3)^2}{4} \cdot (ab + bc + ca)^2 \leq \frac{1}{27} [ab^3 + bc^3 + ca^3 + (ab + bc + ca)^2]^3;$$

So that it is sufficient to check that

$$ab^3 + bc^3 + ca^3 + (ab + bc + ca)^2 \leq \frac{4}{27}(a + b + c)^4.$$

Note that,

$$ab^3 + bc^3 + ca^3 + (ab + bc + ca)^2 = (a + b + c)(a^2b + b^2c + c^2a + abc);$$

So that we have to show

$$a^2b + b^2c + c^2a + abc \leq \frac{4}{27}(a + b + c)^3;$$

Which is a well-known inequality. Equality holds in the original inequality if and only if $(a, b, c) = (0, 1, 2)$ or its cyclics. \square

21. $a, b, c > 0$ satisfy $abc = 1$. Prove that

$$\frac{a}{\sqrt{b^2 + 2c}} + \frac{b}{\sqrt{c^2 + 2a}} + \frac{c}{\sqrt{a^2 + 2b}} \geq \sqrt{3}$$

Solution

Note that using the Hölder's inequality, we have

$$\left(\sum_{cyc} \frac{a}{\sqrt{b^2 + 2c}} \right)^2 \sum_{cyc} a(b^2 + 2c) \geq (a + b + c)^3;$$

So that it is sufficient to check that

$$(a + b + c)^3 \geq 3 \sum_{cyc} a(b^2 + 2c);$$

Which can be rephrased as

$$a^3 + b^3 + c^3 + 3(a^2b + b^2c + c^2a) + 6abc \geq 6(ab + bc + ca);$$

Which is perfectly true due to a perpetual use of the AM-GM inequality as:

$$\begin{aligned} \sum_{cyc} (b^3 + a^2b) + 2 \sum_{cyc} a^2b + 6 &\geq 2 \sum_{cyc} ab^2 + 2 \sum_{cyc} a^2b + 6 \\ &= 2 \sum_{cyc} (ab^2 + a^2b + 1) \\ &\geq 6(ab + bc + ca). \end{aligned}$$

Equality holds iff $a = b = c = 1$. \square

22. For nonnegative a, b, c satisfying $ab + bc + ca = 3$, prove that

$$3(a + b + c) + 2(\sqrt{a} + \sqrt{b} + \sqrt{c}) \geq 15$$

Solution

Note that applying the AM-GM inequality, we have

$$3(a + b + c) + 2(\sqrt{a} + \sqrt{b} + \sqrt{c}) \geq 5\sqrt[5]{(a + b + c)^3 (\sqrt{a} + \sqrt{b} + \sqrt{c})^2}.$$

Hence it is enough to check that

$$(a + b + c)^3 (\sqrt{a} + \sqrt{b} + \sqrt{c})^2 \geq 3^5 = 27(ab + bc + ca)^2.$$

Since the last inequality is homogeneous, we can, without loss of generality, dump the previous condition $ab + bc + ca = 3$ and assume that $a + b + c = 3$. Then, our last inequality rewrites as

$$\sqrt{a} + \sqrt{b} + \sqrt{c} \geq ab + bc + ca;$$

Which is the well-known Russia 2002 inequality. In order to prove this we can note that $ab + bc + ca = \frac{9 - a^2 - b^2 - c^2}{2}$ and rewrite this as

$$\sum_{cyc} (a^2 + 2\sqrt{a}) \geq 3a + 3b + 3c;$$

Which is perfectly true due to the AM-GM inequality. Equality holds if and only if $a = b = c = 1$. \square

23. **For nonnegative reals a, b, c prove that:**

$$\frac{a^2}{(b+c)^2} + \frac{b^2}{(c+a)^2} + \frac{c^2}{(a+b)^2} + \frac{1}{2} \geq \frac{5}{4} \cdot \frac{a^2 + b^2 + c^2}{ab + bc + ca}$$

Solution

Multiplying bot sides with $(a+b)(b+c)(c+a)$, we have to prove that

$$\sum_{cyc} \frac{a^2(a+b)(a+c)}{b+c} + \frac{(a+b)(b+c)(c+a)}{2} \geq \frac{5(a^2+b^2+c^2)(a+b)(b+c)(c+a)}{4(ab+bc+ca)}.$$

This maybe rewritten as

$$\sum_{cyc} \frac{a^2(a-b)(a-c)}{b+c} + abc \left[\frac{5(a^2+b^2+c^2)}{4(ab+bc+ca)} + 1 \right] + \frac{3}{4} \sum_{cyc} a^3 \geq \frac{3}{4} \sum_{cyc} ab(a+b)$$

Using the Vornicu-Schur inequality, we have $\sum_{cyc} \frac{a^2(a-b)(a-c)}{b+c} \geq 0$.

Also, from Schur's inequality of third degree we have

$\sum_{cyc} ab(a+b) \leq a^3 + b^3 + c^3 + 3abc$. So it suffices to check that

$$\frac{5}{4} \cdot \frac{a^2+b^2+c^2}{ab+bc+ca} + 1 \geq \frac{9}{4};$$

Which is obvious. Equality holds if and only if $a=b=c$ or $a=b, c=0$ and its cyclic permutations. \square

24. **For nonnegative a, b, c , show that**

$$3(a^4+b^4+c^4)+7(a^2b^2+b^2c^2+c^2a^2) \geq 2(a^3b+b^3c+c^3a)+8(ab^3+bc^3+ca^3)$$

Solution

In general, from the SOS technique of Can Vo Quoc Ba, we have the following inequality for all $a, b, c, m, n, p, g \in \mathbb{R}$ such that $\{m > 0\} \wedge \{3m(m+n) \geq p^2 + pg + g^2\}$:

$$m \sum_{cyc} a^4 + n \sum_{cyc} a^2b^2 + p \sum_{cyc} a^3b + g \sum_{cyc} ab^3 - (m+n+p+g) \sum a^2bc \geq 0.$$

In this case, note that $m=3, n=7, p=-2, g=-8$ Which satisfy;

$$3m(m+n) = 90 > 4 + 16 + 64 = p^2 + pg + g^2.$$

We are done. \square

25. **For $a, b, c \geq 0$, show that:**

$$\frac{a^4}{(a+b)^4} + \frac{b^4}{(b+c)^4} + \frac{c^4}{(c+a)^4} + \frac{3abc}{2(a+b)(b+c)(c+a)} \geq \frac{3}{8}$$

Solution

We will show that the stronger inequality holds,

$$\frac{a^4}{(a+b)^4} + \frac{b^4}{(b+c)^4} + \frac{c^4}{(c+a)^4} + \frac{2abc}{(a+b)(b+c)(c+a)} \geq \frac{7}{16}.$$

Let us substitute $x = \frac{b}{a}, y = \frac{c}{b}, z = \frac{a}{c}$ so that $xyz = 1$; and we have to show that

$$\frac{1}{(1+x)^4} + \frac{1}{(1+y)^2} + \frac{1}{(1+z)^2} + \frac{2}{(1+x)(1+y)(1+z)} \geq \frac{7}{16}.$$

Without loss of generality, let us assume that $(1-x)(1-y) \geq 0 \implies 1+xy \geq x+y$. Therefore we get

$$(1+x)(1+y) \leq 2(1+xy) = 2\left(1 + \frac{1}{z}\right) = \frac{2(z+1)}{z}.$$

Also, we have the following inequality:

$$\frac{1}{(1+x)^2} + \frac{1}{(1+y)^2} - \frac{1}{1+xy} = \frac{xy(x-y)^2 + (1-xy)^2}{(1+x)^2(1+y)^2(1+xy)} \geq 0.$$

Using this in accordance with the Cauchy-Schwarz inequality, we obtain

$$\frac{1}{(1+x)^4} + \frac{1}{(1+y)^4} \geq \frac{1}{2} \left(\frac{1}{(1+x)^2} + \frac{1}{(1+y)^2} \right)^2 \geq \frac{1}{2} \left(\frac{1}{1+xy} \right)^2 = \frac{z^2}{2(z+1)^2}.$$

So, our last inequality may be rewritten into

$$\frac{z^2}{2(z+1)^2} + \frac{1}{(z+1)^4} + \frac{z}{(z+1)^2} \geq \frac{7}{16};$$

Which is perfectly true, being equivalent to with

$$\frac{(z+3)^2(z-1)^2}{2(z+1)^4} \geq 0.$$

Equality holds if and only if $a = b = c$. □

26. **Let $a, b, c \geq 0$ satisfy $a + b + c = 3$ Prove that:**

$$\sqrt[3]{\frac{a^3+4}{a^2+4}} + \sqrt[3]{\frac{b^3+4}{b^2+4}} + \sqrt[3]{\frac{c^3+4}{c^2+4}} \geq 3$$

Solution 1

Note that using the Hölder's inequality, we have

$$\left(\sum_{cyc} \sqrt[3]{\frac{a^3+4}{a^2+4}} \right)^3 \sum_{cyc} \frac{a^2+4}{a^3+4} \geq 27;$$

So that it is enough to check that

$$\frac{a^2 + 4}{a^3 + 4} + \frac{b^2 + 4}{b^3 + 4} + \frac{c^2 + 4}{c^3 + 4} \leq 3.$$

But, note that

$$\frac{a^2 + 4}{a^3 + 4} - 1 - \frac{1}{5}(1 - a) = \frac{(a - 1)^2(a^2 - 4a - 4)}{(a^2 + 4)(a^3 + 4)} \leq 0;$$

So we obtain our desired result due to $a + b + c = 3$. \square

Solution 2

Note that using the AM-GM inequality, we get

$$\sqrt[3]{\frac{a^3 + 4}{a^2 + 4}} + \sqrt[3]{\frac{b^3 + 4}{b^2 + 4}} + \sqrt[3]{\frac{c^3 + 4}{c^2 + 4}} \geq 3\sqrt[3]{\frac{(a^3 + 4)(b^3 + 4)(c^3 + 4)}{(a^2 + 4)(b^2 + 4)(c^2 + 4)}};$$

So that it is enough to check that

$$(a^3 + 4)(b^3 + 4)(c^3 + 4) \geq (a^2 + 4)(b^2 + 4)(c^2 + 4).$$

Note that from Holder's inequality, we have $5(a^3 + 4)^2 \geq (a^2 + 4)^3$. Hence it suffices to check that

$$(a^2 + 4)(b^2 + 4)(c^2 + 4) \geq 5^3.$$

Assume $c = \min\{a, b, c\} \leq 1$. Note that using the Cauchy-Schwarz inequality, we have

$$(a^2 + 1 + 3)(1 + b^2 + 3)(c^2 + 4) \geq (a + b + 3)^2(c^2 + 4) = (6 - c)^2(c^2 + 4).$$

Hence it is sufficient to show that

$$(6 - c)^2(c^2 + 4) \geq 125, \iff (c - 1)^2(c^2 - 10c + 19) \geq 0.$$

We are done, since $c^2 - 10c + 19 = (c - 5 - \sqrt{6})(c - 5 + \sqrt{6}) \geq 0$. Equality holds iff $a = b = c = 1$. \square

27. **For positive reals a, b, c show that:**

$$5 + \frac{3abc}{a^3 + b^3 + c^3} \geq 4 \left(\frac{ab}{a^2 + b^2} + \frac{bc}{b^2 + c^2} + \frac{ca}{c^2 + a^2} \right)$$

Solution

WLOG due to symmetry, assume $a \geq b \geq c$. Then the given inequality may be rewritten into

$$2 \sum_{cyc} \frac{(a - b)^2}{a^2 + b^2} \geq \frac{a + b + c}{a^3 + b^3 + c^3} [(a - c)^2 + (b - a)(b - c)].$$

From the Cauchy-Schwarz inequality, we have

$$\frac{(a-b)^2}{a^2+b^2} + \frac{(b-c)^2}{b^2+c^2} + \frac{(a-c)^2}{c^2+a^2} \geq \frac{2(a-c)^2}{a^2+b^2+c^2}.$$

So, our last inequality may be rewritten into

$$(a-c)^2 \left(\frac{4}{a^2+b^2+c^2} - \frac{a+b+c}{a^3+b^3+c^3} \right) + (a-b)(b-c) \frac{a+b+c}{a^3+b^3+c^3} \geq 0;$$

Which is perfectly true. Equality holds if and only if $a = b = c$. \square

28. **For nonnegative reals a, b, c prove that:**

$$\frac{(a-b)^2}{(a+b)^2} + \frac{(b-c)^2}{(b+c)^2} + \frac{(c-a)^2}{(c+a)^2} + \frac{24(ab+bc+ca)}{(a+b+c)^2} \leq 8$$

Solution

We can rephrase this inequality into:

$$\sum_{cyc} \frac{(b-c)^2}{(b+c)^2} \leq 8 \left[1 - \frac{3(ab+bc+ca)}{(a+b+c)^2} \right];$$

Or,

$$\sum_{cyc} \frac{(b-c)^2}{(b+c)^2} \leq \frac{4}{(a+b+c)^2} [(b-c)^2 + (c-a)^2 + (a-b)^2];$$

Which can be rephrased as

$$\sum_{cyc} (b-c)^2 \left[\frac{4}{(a+b+c)^2} - \frac{1}{(b+c)^2} \right] \geq 0; \iff \sum_{cyc} S_a (b-c)^2 \geq 0.$$

Note that

$$a^2 S_a + b^2 S_b + c^2 S_c = \frac{4(a^2+b^2+c^2)}{(a+b+c)^2} - \sum_{cyc} \frac{a^2}{(b+c)^2};$$

So by the SOS Method, it suffices to check that we have the following inequality:

$$\frac{a^2}{(b+c)^2} + \frac{b^2}{(c+a)^2} + \frac{c^2}{(a+b)^2} \leq \frac{4(a^2+b^2+c^2)}{(a+b+c)^2}.$$

Now, we will consider two cases, assuming $a = \max\{a, b, c\}$.

Case 1. $\boxed{3a^2 \leq 3b^2 + 3c^2 + 8bc}$

Note that we have $\frac{a^2}{(b+c)^2} \leq \frac{4a^2}{(a+b+c)^2}$ in this case, and the rest is obvious.

Case 2. $\boxed{3a^2 > 3b^2 + 3c^2 + 8bc}$

In this case, we note that $\frac{1}{(b+c)^2} = \max \left\{ \frac{1}{(b+c)^2}, \frac{1}{(c+a)^2}, \frac{1}{(a+b)^2} \right\}$, and so we obtain

$$\sum_{cyc} \frac{(b-c)^2}{(b+c)^2} \leq \frac{1}{(b+c)^2} \sum_{cyc} (b-c)^2;$$

And so it suffices to check that

$$(a+b+c)^2 \leq 4(b+c)^2$$